



The Eagle Café October 2026 Student meal



Reduced: \$0.30 Breakfast

\$0.40 Lunch

Paid: \$2.25 Breakfast

\$3.00 Lunch

ST. ELIZABETH SCHOOL

Monday			Tuesday			Wednesday			Thursday			Friday		
9/28			9/29			9/30			10/1			10/2		
Breakfast			Breakfast			Breakfast			Breakfast			Breakfast		
K-12						K-12			K-12			K-12		
Assorted Cereal	1ea		Strawberry Cream				2			1		Assorted Cereal	1ea	
Yogurt Cup	1ea		Cheese Mini Bagel	1ea		Breakfast Pizza	slices		Egg/Cheese Muffin	sand		Yogurt Cup	1ea	
Fresh Fruit	1ea		Fresh Fruit	1ea		Fresh Fruit	1ea		Fresh Fruit	wich		Fresh Fruit	1ea	
Assorted Juice	4oz		Assorted Juice	4oz		Assorted Juice	4oz		Assorted Juice	1ea		Assorted Juice	4oz	
Assorted Milk	8oz		Assorted Milk	8oz		Assorted Milk	8oz		Assorted Milk	4oz		Assorted Milk	8oz	
Lunch			Lunch			Lunch			Lunch			Lunch		
K-8 9-12			K-8 9-12			K-8 9-12			K-8 9-12			K-8 9-12		
Chicken Nuggets	6 ea	6 ea	Tuna Salad on Wheat	1 ea	1 ea	Wheat Pancakes	2ea	3ea	Cheeseburger w/ L&T	1 ea	1 ea	Spaghetti and	10oz	12oz
Ketchup	1pc	1pc	W/ L&T			Syrup	1pc	1pc	on Wheat Bun			Meatballs		
Wheat S/T Roll	1ea	1ea	Cucumber Salad	6 oz	8oz	Scrambled Eggs	2oz	3oz	French Fries	6oz	8oz	Broccoli	6oz	8oz
Steamed Carrots	6oz	6oz	Fresh Fruit	1ea	1ea	Tater Tots	15 tot	20 tot	Fresh Fruit	1ea	1ea	Black Beans	6oz	8oz
Fresh Fruit	1ea	1oz	Assorted Juice	4oz	4oz	Fresh Fruit	1ea	1ea	Assorted Juice	4oz	4oz	Wheat Roll	1ea	1ea
Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz	Assorted Juice	4oz	4oz	Assorted Milk	8oz	8oz	Fresh Fruit	4oz	4oz

Monday			Tuesday			Wednesday			Thursday			Friday		
10/5			10/6			10/7			10/8			10/9		
Breakfast			Breakfast			Breakfast			Breakfast			Breakfast		
K-12						K-12			K-12			K-12		
Assorted Cereal	1ea		Turkey				3		Strawberry Cream			Assorted Cereal	1ea	
Yogurt Cup	1ea		Sausage&Cheese on	1ea		French Toast Sticks	sticks		Cheese Mini Bagel	1ea		Yogurt Cup	1ea	
Fresh Fruit	1ea		Wheat Biscuit	1ea		Syrup	1ea		Fresh Fruit	1ea		Fresh Fruit	1ea	
Assorted Juice	4oz		Fresh Fruit	1ea		Cinnamon Apples	4oz		Assorted Juice	4oz		Assorted Juice	4oz	
Assorted Milk	8oz		Assorted Juice	4oz		Fresh Fruit	4oz		Assorted Milk	8oz		Assorted Milk	8oz	
Lunch			Lunch			Lunch			Lunch			Lunch		
K-8 9-12			K-8 9-12			K-8 9-12			K-8 9-12			K-8 9-12		
Turkey Meatball Sub	1 ea	1 ea	Entrée Garden Salad	1 ea	1 ea	Chicken Stirfry			Italian Pasta Salad	10oz	12oz	Bean Burrito	1ea	1ea
French Fries	6oz	8oz	Turkey Strips			Over Noodles	10oz	12oz	W/Chicken			Tex-Mex Corn	1ea	8oz
Fresh Fruit	1ea	1ea	Ranch	1 ea	1 ea	Broccoli			W S/T Roll	1ea	1ea	Fresh Fruit	1ea	1ea
Assorted Juice	4oz	4oz	Wheat S/T Roll	1ea	1ea	Fresh Fruit	1ea	1ea	Fruit Salad	4oz	4oz	Assorted Juice	4oz	4oz
Assorted Milk	8oz	8oz	Butter Packet	1ea	1ea	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Milk	8oz	8oz
			Fresh Fruit	4oz	4oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz			

Reimbursable Breakfast: Must take 3 Items, 1 item must be a fruit

Reimbursable Lunch: Must take 3 items, 1 item must be a fruit or vegetable

The following items are also available as ala-cart:

Breakfast: Assorted Whole Grain Cold Cereal

Lunch: Peanut Butter and Jelly Sandwich or Grilled Cheese

All Meals: Assorted Fat Free Milk and 100% Fruit Juices and Assorted Fresh Fruits

SES is an equal opportunity provider



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ST. ELIZABETH SCHOOL

Monday			Tuesday			Wednesday			Thursday			Friday		
10/12 Breakfast			10/13 Breakfast			10/14 Breakfast			10/15 Breakfast			10/16 Breakfast		
	K-12			K-12			K-12			K-12			K-12	
Assorted Cereal	1ea		French Toast Sticks	3 sticks					Egg/Cheese Muffin	1ea		Assorted Cereal	1ea	
Yogurt Cup	1ea		Syrup	1ea		Breakfast Pizza	2 slices		Fresh Fruit	1ea		Yogurt Cup	1ea	
Fresh Fruit	1ea		Cinnamon Apples	4oz		Fresh Fruit	1ea		Assorted Juice	4oz		Fresh Fruit	1ea	
Assorted Juice	4oz		Fresh Fruit	1ea		Assorted Juice	4oz		Assorted Milk	8oz		Assorted Juice	4oz	
Assorted Milk	8oz		Assorted Juice	8oz		Assorted Milk	8oz		Assorted Milk	8oz		Assorted Milk	8oz	
Lunch			Lunch			Lunch			Lunch			Lunch		
	K-8	9-12		K-8	9-12		K-8	9-12		K-8	9-12		K-8	9-12
Fish Sticks	6 sticks	6 sticks	Chicken Salad on W. Roll	1 ea	1 ea	Grilled Chicken on W. Roll W/ L&T	1 ea	1 ea	Tuna Salad on Wheat W/ L&T	1 ea	1 ea	Cheese Pita Pizza	1ea	1 ea
Wheat Sun Chips	1ea	1ea	Three Bean Salad	6 oz	8oz	Steamed Carrots	6 oz	6 oz	Green Bean Salad	6oz	8oz	Tater Tots	6oz	8oz
Baked Beans	3oz	3oz	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea
Fruit Salsa	2oz	2oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz
Fresh Fruit	1ea	1ea	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz
Monday			Tuesday			Wednesday			Thursday			Friday		
10/19 Breakfast			10/20 Breakfast			10/21 Breakfast			10/22 Breakfast			10/23 Breakfast		
	K-12			K-12			K-12			K-12			K-12	
Assorted Cereal	1ea		Strawberry Cream			French Toast Stick	3 sticks		Egg/Cheese Muffin	1 sand wich		Assorted Cereal	1ea	
Yogurt Cup	1ea		Cheese Mini Bagel	1ea		Syrup	1ea		Fresh Fruit	1ea		Yogurt Cup	1ea	
Fresh Fruit	1ea		Fresh Fruit	1ea		Cinnamon Apples	4oz		Assorted Juice	4oz		Fresh Fruit	1ea	
Assorted Juice	4oz		Assorted Juice	4oz		Assorted Juice	4oz		Assorted Milk	8oz		Assorted Juice	4oz	
Assorted Milk	8oz		Assorted Milk	8oz		Assorted Milk	8oz		Assorted Milk	8oz		Assorted Milk	8oz	
Lunch			Lunch			Lunch			Lunch			Lunch		
	K-8	9-12		K-8	9-12		K-8	9-12		K-8	9-12		K-8	9-12
Chicken Nuggets	6 ea	6 ea	Tuna Salad on Wheat W/ L&T	1 ea	1 ea	Wheat Pancakes	2ea	3ea	Cheeseburger w/ L&T on Wheat Bun	1 ea	1 ea	Spaghetti and Meatballs	10oz	12oz
Ketchup	1pc	1pc	Cucumber Salad	6 oz	8oz	Syrup	1pc	1pc	French Fries	6oz	8oz	Broccoli	6oz	8oz
Wheat S/T Roll	1ea	1ea	Fresh Fruit	1ea	1ea	Scrambled Eggs	2oz	3oz	Fresh Fruit	1ea	1ea	Black Beans	6oz	8oz
Steamed Carrots	6oz	6oz	Assorted Juice	4oz	4oz	Tater Tots	15 tot	20 tot	Assorted Juice	4oz	4oz	Wheat Roll	1ea	1ea
Fresh Fruit	1ea	1oz	Assorted Milk	8oz	8oz	Fresh Fruit	1ea	1ea	Assorted Milk	8oz	8oz	Fresh Fruit	4oz	4oz
Assorted Milk	8oz	8oz				Assorted Juice	4oz	4oz						

Reimbursable Breakfast: Must take 3 Items, 1 item must be a fruit

Reimbursable Lunch: Must take 3 items, 1 item must be a fruit or vegetable

The following items are also available as ala-cart:

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Monday			Tuesday			Wednesday			Thursday			Friday		
10/26 Breakfast	K-12		10/27 Breakfast	K-12		10/28 Breakfast	K-12		10/29 Breakfast	K-12		10/30 Breakfast	K-12	
Assorted Cereal	1ea		Turkey Sausage&Cheese on			French Toast Sticks	3 sticks		Srawberry Cream			Assorted Cereal	1ea	
Yogurt Cup	1ea		Wheat Biscuit	1ea		Syrup	1ea		Cheese Mini Bagel	1ea		Yogurt Cup	1ea	
Fresh Fruit	1ea		Fresh Fruit	1ea		Cinnamon Apples	4oz		Fresh Fruit	1ea		Fresh Fruit	1ea	
Assorted Juice	4oz		Assorted Juice	4oz		Fresh Fruit	4oz		Assorted Juice	4oz		Assorted Juice	4oz	
Assorted Milk	8oz		Assorted Milk	8oz		Assorted Juice	8oz		Assorted Milk	8oz		Assorted Milk	8oz	
Lunch	K-8	9-12	Lunch	K-8	9-12	Lunch	K-8	9-12	Lunch	K-8	9-12	Lunch	K-8	9-12
Turkey Meatball Sub	1 ea	1 ea	Entrée Garden Salad	1 ea	1 ea	Chicken Stirfry			Italian Pasta Salad	10oz	12oz	Bean Burrito	1ea	1ea
French Fries	6oz	8oz	Turkey Strips			Over Noodles	10oz	12oz	W/Chicken			Tex-Mex Corn	1ea	8oz
Fresh Fruit	1ea	1ea	Ranch	1 ea	1 ea	Broccoli			W S/T Roll	1ea	1ea	Fresh Fruit	1ea	1ea
Assorted Juice	4oz	4oz	Wheat S/T Roll	1ea	1ea	Fresh Fruit	1ea	1ea	Fruit Salad	4oz	4oz	Assorted Juice	4oz	4oz
Assorted Milk	8oz	8oz	Butter Packet	1ea	1ea	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Milk	8oz	8oz
			Fresh Fruit	4oz	4oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz			

Reimbursable Breakfast: Must take 3 Items, 1 item must be a fruit

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