



The Eagle Café September 2026 Student Menu



Reduced: \$0.30 Breakfast

\$0.40 Lunch

Paid: \$2.25 Breakfast

\$3.00 Lunch

ST. ELIZABETH SCHOOL

Monday			Tuesday			Wednesday			Thursday			Friday		
8/31 Breakfast			9/1			9/2			9/3			9/4		
K-12						K-12			K-12			K-12		
Assorted Cereal	1ea		Strawberry Cream			French Toast Sticks	3 sticks					Assorted Cereal	1ea	
Yogurt Cup	1ea		Cheese Mini Bagel	1ea		Syrup	1ea		Egg/Cheese Muffin	1ea		Yogurt Cup	1ea	
Fresh Fruit	1ea		Fresh Fruit	1ea		Cinnamon Apples	4oz		Fresh Fruit	1ea		Fresh Fruit	1ea	
Assorted Juice	4oz		Assorted Juice	4oz		Fresh Fruit	4oz		Assorted Juice	4oz		Assorted Juice	4oz	
Assorted Milk	8oz		Assorted Milk	8oz		Assorted Juice	8oz		Assorted Milk	8oz		Assorted Milk	8oz	
Lunch			Lunch			Lunch			Lunch			Lunch		
K-8 9-12			K-8 9-12			K-8 9-12			K-8 9-12			K-8 9-12		
Fish Sticks	6 sticks	6 sticks	Chicken Salad on W. Roll	1 ea	1 ea	Grilled Chicken on W. Roll W/ L&T	1 ea	1 ea	Tuna Salad on Wheat W/ L&T	1 ea	1 ea	Cheese Pita Pizza	1ea	1 ea
Wheat Sun Chips			Three Bean Salad	6 oz	8oz	Steamed Carrots	6 oz	6 oz	Cucumber Salad	6 oz	8oz	Tater Tots	6oz	8oz
Baked Beans	1ea	1ea	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea
Fruit Salsa	3oz	3oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz
Fresh Fruit	2oz	2oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz
Assorted Juice	1ea	1ea												
Monday			Tuesday			Wednesday			Thursday			Friday		
9/7 Breakfast			9/8 Breakfast			9/9 Breakfast			9/10 Breakfast			9/11 Breakfast		
K-12			K-12			K-12			K-12			K-12		
No School			Turkey Sausage&Cheese on Wheat Biscuit	1ea		French Toast Sticks	3 sticks		Strawberry Cream			Assorted Cereal	1ea	
			Fresh Fruit	1ea		Syrup	1ea		Cheese Mini Bagel	1ea		Yogurt Cup	1ea	
			Assorted Juice	4oz		Cinnamon Apples	4oz		Fresh Fruit	1ea		Fresh Fruit	1ea	
			Assorted Milk	8oz		Fresh Fruit	4oz		Assorted Juice	4oz		Assorted Juice	4oz	
						Assorted Juice	8oz		Assorted Milk	8oz		Assorted Milk	8oz	
			Lunch			Lunch			Lunch			Lunch		
			K-8 9-12			K-8 9-12			K-8 9-12			K-8 9-12		
			Tuna Salad on Wheat W/ L&T	1 ea	1 ea	Chicken Stirfry	4 oz	4oz	Cheeseburger w/ L&T on Wheat Bun	1 ea	1 ea	Spaghetti and Meatballs	10oz	12oz
			Cucumber Salad	6 oz	8oz	Over Noodles	3oz	3oz	French Fries	6oz	8oz	Broccoli	6oz	8oz
			Fresh Fruit	1ea	1ea	Broccoli	6oz	8oz	Fresh Fruit	1ea	1ea	Black Beans	6oz	8oz
			Assorted Juice	4oz	4oz	Fresh Fruit	1 ea	1ea	Assorted Juice	4oz	4oz	Wheat Roll	1ea	1ea
			Assorted Milk	8oz	8oz	Assorted Juice	4oz	4oz	Assorted Milk	8oz	8oz	Fresh Fruit	4oz	4oz
						Assorted Milk	8oz	8oz						

Reimbursable Breakfast: Must take 3 Items, 1 item must be a fruit

Reimbursable Lunch: Must take 3 items, 1 item must be a fruit or vegetable

The following items are also available as ala-cart:

Breakfast: Assorted Whole Grain Cold Cereal

Lunch: Peanut Butter and Jelly Sandwich or Grilled Cheese

All Meals: Assorted Fat Free Milk and 100% Fruit Juices and Assorted Fresh Fruits

SES is an equal opportunity provider



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ST. ELIZABETH SCHOOL

Monday			Tuesday			Wednesday			Thursday			Friday		
9/14 Breakfast			9/15			9/16			9/17			9/18		
	K-12			K-12			K-12			K-12			K-12	
Assorted Cereal	1ea			2		French Toast Sticks	3			1		Assorted Cereal	1ea	
Yogurt Cup	1ea		Wheat Toast w/Jelly	1ea		Syrup	1ea		English Muffin	n		Yogurt Cup	1ea	
Fresh Fruit	1ea		Fruit Salad	3oz		Hot Peaches	4oz		Fresh Fruit	1ea		Fresh Fruit	1ea	
Assorted Juice	4oz		Assorted Juice	4oz		Assorted Fruit	4oz		Assorted Juice	4oz		Assorted Juice	4oz	
Assorted Milk	8oz		Assorted Milk	8oz		Assorted Juice	8oz		Assorted Milk	8oz		Assorted Milk	8oz	
Lunch			Lunch			Lunch			Lunch			Lunch		
	K-8	9-12		K-8	9-12		K-8	9-12		K-8	9-12		K-8	9-12
Turkey Meatball Sub	1 ea	1 ea	Entrée Garden Salad	1 ea	1 ea	Beef Stir-Fry	10oz	12oz	Italian Pasta Salad	10oz	12oz	Bean Burrito	1ea	1ea
French Fries	6oz	8oz	Turkey Strips			Over Noodles			W/Chicken			Tex-Mex Corn	1ea	8oz
Fresh Fruit	1ea	1ea	Ranch	1 ea	1 ea	Fresh Fruit	1ea	1ea	W S/T Roll	1ea	1ea	Fresh Fruit	1ea	1ea
Assorted Juice	4oz	4oz	Wheat S/T Roll	1ea	1ea	Assorted Juice	4oz	4oz	Fruit Salad	4oz	4oz	Assorted Juice	4oz	4oz
Assorted Milk	8oz	8oz	Butter Packet	1ea	1ea	Assorted Milk	8oz	8oz	Assorted Juice	4oz	4oz	Assorted Milk	8oz	8oz
			Fresh Fruit	4oz	4oz				Assorted Milk	8oz	8oz			
Monday			Tuesday			Wednesday			Thursday			Friday		
9/21 Breakfast			9/22 Breakfast			9/23 Breakfast			9/24 Breakfast			9/25 Breakfast		
	K-12			K-12			K-12			K-12			K-12	
Assorted Cereal	1ea		Strawberry Cream			French Toast Sticks	3			1ea		Assorted Cereal	1ea	
Yogurt Cup	1ea		Cheese Mini Bagel	1ea		Syrup	1ea		Egg/Cheese Muffin	1ea		Yogurt Cup	1ea	
Fresh Fruit	1ea		FreshFruit	1ea		Cinnamon Apples	4oz		Fresh Fruit	1ea		Fresh Fruit	1ea	
Assorted Juice	4oz		Assorted Juice	4oz		Fresh Fruit	4oz		Assorted Juice	4oz		Assorted Juice	4oz	
Assorted Milk	8oz		Assorted Milk	8oz		Assorted Juice	8oz		Assorted Milk	8oz		Assorted Milk	8oz	
Lunch			Lunch			Lunch			Lunch			Lunch		
	K-8	9-12		K-8	9-12		K-8	9-12		K-8	9-12		K-8	9-12
Fish Sticks	6	6	Chicken Salad on W.	1 ea	1 ea	Grilled Chicken on W.	1 ea	1 ea	Tuna Salad on Wheat	1 ea	1 ea	Cheese Pita Pizza	1ea	1 ea
Wheat Sun Chips	sticks	sticks	Roll			Roll W/ L&T			W/ L&T			Tater Tots	6oz	8oz
Baked Beans	1ea	1ea	Three Bean Salad	6 oz	8oz	Steamed Carrots	6 oz	6 oz	Cucumber Salad	6 oz	8oz	Fresh Fruit	1ea	1ea
Fruit Salsa	3oz	3oz	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	Assorted Juice	4oz	4oz
Fresh Fruit	2oz	2oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Milk	8oz	8oz
Assorted Juice	1ea	1ea	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz			

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