

## The Eagle Gafé July 2025 Student Menu



Reduced: \$0.30 Breakfast \$0.40 Lunch Paid: \$2.25 Breakfast \$3.00 Lunch ST. ELIZABETH SCHOOL

Monday			Tuesday			Wednesday			Thursday			Friday			
7/7			7/8		7/9	7		7/10			7/11				
Breakfast	K-12						K-12			K-12			K-12		
				2			3			1					
Assorted Cereal	1ea			slices		French Toast Sticks	sticks			muffi		Assorted Cereal	1ea		
Yogurt Cup	1ea		Wheat Toast w/Jelly	1ea		Syrup	1ea		English Muffin	n		Yogurt Cup	1ea		
Fresh Fruit	1ea		Fruit Salad	3oz		Hot Peaches	4oz		Fresh Fruit	1ea		Fresh Fruit	1ea		
Assorted Juice	4oz		Assorted Juice	4oz		Assorted Fruit	4oz		Assorted Juice	4oz		Assorted Juice	4oz		
Assorted Milk	8oz		Assorted Milk	8oz		Assorted Juice	8oz		Assorted Milk	8oz		Assorted Milk	8oz		
Lunch	K-8	9-12	Lunch	K-8	9-12	Lunch	K-8	9-12	Lunch	K-8		Lunch	K-8	9-12	
			Entrée Garden Salad	1 ea	1 ea				Italian Pasta Salad	10oz	12oz				
Turkey Meatball Sub	1 ea	1 ea	Turkey Strips			Beef Stir-Fry	10oz	1	W/Chicken			Bean Burrito	1ea	1ea	
French Fries	6oz	8oz	Ranch	1 ea	1 ea	Over Noodles			W S/T Roll	1ea	1ea	Tex-Mex Corn	6oz	8oz	
Fresh Fruit	1ea	1ea	Wheat S/T Roll	1ea	1ea	Fresh Fruit	1ea	1ea	Fruit Salad	4oz	4oz	Fresh Fruit	1ea	1ea	
Assorted Juice	4oz	4oz	Butter Packet	1ea	1ea	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	
Assorted Milk	8oz	8oz	Fresh Fruit	1ea	4oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz	
Monday			Tuesday	Tuesday			Wednesday			Thursday			Friday		
7/14			7/15			7/16			7/17			7/18			
Breakfast	K-	12					K-	-12		K-	12		K-12		
				2						1					
Assorted Cereal	1ea		1	slices			2			sand		Assorted Cereal	8oz		
Yogurt Cup	1ea		Wheat Toast w/Jelly	ly 1ea Break		Breakfast Pizza			Egg/Cheese Muffin	wich		Yogurt Cup	urt Cup 1ea		
Fresh Fruit	1ea		Fruit Salad	t Salad 4oz		Fresh Fruit 1ea		Fresh Fruit 1ea		Fresh Fruit 1ea					
Assorted Juice	4oz		Assorted Juice 4oz		Assorted Juice 4oz		Assorted Juice 4oz		Assorted Juice 4oz						
Assorted Milk	8oz		Assorted Milk 8oz		Assorted Milk 8oz		Assorted Milk 8oz		Assorted Milk 8oz						
Lunch	K-8		Lunch	K-8	9-12	Lunch	K-8	_	Lunch	K-8	9-12	Lunch	K-8	9-12	
Fish Sticks	6	6	Chicken Salad on W.	1 ea	1 ea	Grilled Chicken on W.	1 ea	1 ea	Tuna Salad on Wheat	1 ea	1 ea				
1	sticks		Roll			Roll W/ L&T		1	W/ L&T			Cheese Pita Pizza	1 ea	1 ea	
Baked Beans	1ea	1ea	Three Bean Salad	6 oz	8oz	Steamed Carrots	6 oz	6 oz	Green Bean Salad	6 oz	8oz	Tater Tots	6oz	8oz	
Fruit Salsa	3oz	3oz	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	
Fresh Fruit	2oz	2oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	
	l	1					1			1					

Reimbursable Breakfast: Must take 3 Items, 1 item must be a fruit

Reimburseable Lunch: Must take 3 items, 1 item must be a fruit or vegetable

The following items are also available as ala-cart: Breakfast: Assorted Whole Grain Cold Cereal

Lunch: Peanut Butter and Jelly Sandwich or Grilled Cheese

All Meals: Assorted Fat Free Milk and 100% Fruit Juices and Assorted Fresh Fruits



## The Eagle Gafé July 2025 Student Menu



Reduced: \$0.30 Breakfast

\$0.40 Lunch

Paid: \$2.25 Breakfast

\$3.00 Lunch

ST. ELIZABETH SCHOOL

Monday			Tuesday			Wednesday			Thursday			Friday		
7/21			7/22			7/23			7/24			7/25		
Breakfast	K-12			K-	12		K-12			K-12			K-12	
				2			3			1				
Assorted Cereal	1ea			slices		French Toast Sticks	sticks			sand		Assorted Cereal	1ea	
Yogurt Cup	1ea		Wheat Toast w/Jelly	1ea		Syrup	1ea		Egg/Cheese Muffin	wich		Yogurt Cup	1ea	
Fresh Fruit	1ea		Fruit Salad	3oz		Hot Peaches	4oz		Fresh Fruit	1ea		Fresh Fruit	1ea	
Assorted Juice	4oz		Assorted Juice	4oz		Fresh Fruit	1ea		Assorted Juice	4oz		Assorted Juice	4oz	
Assorted Milk	8oz		Assorted Milk	8oz		Assorted Juice	8oz		Assorted Milk	8oz		Assorted Milk	8oz	
Lunch	K-8	_	Lunch	K-8		Lunch	K-8		Lunch	K-8		Lunch	K-8	9-12
Chicken Nuggets	6 ea	6 ea	Tuna Salad on Wheat	1 ea	1 ea	Wheat Pancakes	2ea	l .	Roast Beef/Cheese	1 ea		Spaghetti and	10oz	12oz
Ketchup	1pc	l '	W/ L&T			Syrup	1pc	l '	on W. Roll w/L&T		l	Meatballs		
Wheat S/T Roll	1ea			6 oz	8oz	Scrambled Eggs	2oz		Baked Beans	6oz	l		6oz	8oz
Steamed Carrots	6oz	6oz	Fresh Fruit	1ea	1ea	Tater Tots	15 tot	20 tot	Fresh Fruit	1ea	1ea	Black Beans	6oz	8oz
Fresh Fruit	1oz	1oz	Assorted Juice	4oz	4oz	Fresh Fruit	1ea	1ea	Assorted Juice	4oz	4oz	Wheat Roll	1ea	1ea
Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz	Assorted Juice	4oz	4oz	Assorted Milk	8oz	8oz	Fresh Fruit	1ea	4oz
Monday			Tuesday		Wednesday			Thursday			Friday			
7/28			7/29			7/30			7/31			8/1		
Breakfast	K-	-12		K-	12									
				2			3			1				
Assorted Cereal	1ea			slices		French Toast Sticks	sticks			muffi		Assorted Cereal	al 1ea	
Yogurt Cup	1ea		Wheat Toast w/Jelly	neat Toast w/Jelly 1ea		Syrup	1ea		English Muffin n		Yogurt Cup 1ea			
Fresh Fruit	1ea		Fruit Salad 3oz		Hot Peaches 4oz		Fresh Fruit 1ea		Fresh Fruit 1ea					
Assorted Juice	4oz		Assorted Juice 4oz		Assorted Fruit 4oz		Assorted Juice 4oz		Assorted Juice 4oz					
Assorted Milk 8oz		Assorted Milk 8oz		Assorted Juice 8oz		Assorted Milk 8oz		Assorted Milk	8oz					
Lunch	K-8	9-12	Lunch	K-8		Lunch	K-8	9-12	Lunch	K-8		Lunch	K-8	9-12
T   14   11   11 C			Entrée Garden Salad	1 ea	1 ea	D (C): F	10	4.2	Italian Pasta Salad	10oz	12oz			
,	1 ea	1 ea	Turkey Strips	4		Beef Stir-Fry	10oz	12oz	W/Chicken		l	Bean Burrito	1ea	1ea
French Fries	6oz	8oz	Ranch	1 ea	1 ea	Over Noodles			W S/T Roll	1ea	1ea		6oz	8oz
	14													
Fresh Fruit	1ea		· ·	1ea		Fresh Fruit	1ea		Fruit Salad	1	1 -	Fresh Fruit	1ea	1ea
Fresh Fruit Assorted Juice Assorted Milk	1ea 4oz 8oz	4oz	Wheat S/T Roll Butter Packet Fresh Fruit	1ea 1ea 1ea	1ea 1ea 4oz	Assorted Juice Assorted Milk	4oz	4oz	Assorted Juice Assorted Milk	4oz	4oz		40z 80z	40z 80z

Reimbursable Breakfast: Must take 3 Items, 1 item must be a fruit

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The following items are also available as ala-cart: Breakfast: Assorted Whole Grain Cold Cereal

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ChooseMyPlate gov onday		Reduced: \$0.30 Break	fast	\$0.40 Lunch	Paid: \$	\$2.25 Breakfast \$3.00		Lunch		
		Tuesday	1	Wednesda	ау	Thursday		ST. ELIZABETH SCHOOL		
8/4		8/5		8/6		8/7		8/8		
Breakfast	K-12		K-12		K-12		K-12			K-12
				N. C.I						
				No Scho	001					

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SES is an equal opportunity provider